



Zion Episcopal Church

We share Christ's love and grace with joy, respect, and compassion.

Telephone: (304) 725-5312 | Email: office@zionaepiscopal.net

Parish Office Hours

Monday through Thursday | 9:00 am — 2:00 pm

Rector's Office Hours

Monday through Thursday | 10:00 am — 3:00 pm
or by appointment

If you have news you would like to share with our congregation, please send word to our parish administrator, Eric Ott, at office@zionaepiscopal.net. News items received each week by Wednesday morning will be published in our Weekly Tidings on Friday.

Upcoming Services and Events at Zion...

Saturday, October 18th

4:00 pm — 5:00 pm Church Rental | Wedding

Sunday, October 19th Pentecost 19

The candles on our Holy Table and reredos are given to the glory of God by Rebecca Vickers Custer in loving memory of Christopher Aaron Custer.

The flowers on the altar are given to the glory of God by Sharon, Anne, and Philip Steptoe in loving memory of Thomas Steptoe and by Linda Myers in loving memory of Susie and Raymond Myers.

8:00 am — 9:00 am Holy Eucharist: Rite I

Scheduled to Serve

Altar Guild	Laurie Ruddy, Linda Work
Lay Reader	Richard Seckinger
Ushers	Donald and Patsy Noland
Hospitality	Jim Ruddy, Stacy Lindberg

9:15 am — 10:15 am

Bible Study | Hauser Room

10:30 am — 12:00 pm

Holy Eucharist: Rite II

Scheduled to Serve

Altar Guild

Sue Floyd and Family

Verger

Lee Wilson

Crucifer

Colin Harp

Torch Bearers

Levi Yuhasz, Porter Yuhasz

Gospel Book

Lucy Peyton

Lay Reader

Greg Harp

Prayers of the People

Jamie Wilson

Lay Eucharistic Minister

Jamie Wilson

Ushers

Eileen Davis, Joanne McIsaac

Hospitality

Randy Hilton

5:00 pm — 6:00 pm

Community Meal Ministry | Social Hall

Monday, October 20th

8:45 am — 9:45 am

Exercise Class | Gym

10:00 am — 11:00 am

Exercise Class | Gym

5:00 pm — 6:00 pm

Exercise Class | Gym

Tuesday, October 21st

8:45 am — 9:45 am

Exercise Class | Gym

10:00 am — 11:00 am

Exercise Class | Gym

4:00 pm — 5:00 pm

Stewardship Meeting | Parlors

7:00 pm — 8:00 pm

Beginning Biblical Hebrew | Online via Zoom

5:30 pm — 6:30 pm

Community Meal Ministry | Social Hall

Wednesday, October 22nd

9:00 am — 12:00 pm

Thrift Shop Open

9:15 am — 10:45 am

Exercise Class | Gym

5:00 pm — 6:00 pm

Exercise Class | Hauser Room

5:30 pm — 6:30 pm

Community Meal Ministry | Social Hall

Thursday, October 23rd

8:45 am — 9:45 am

Exercise Class | Gym

10:00 am — 11:00 am

Exercise Class | Gym

5:00 pm — 6:00 pm

Exercise Class | Gym

Saturday, October 25th

11:00 am — 12:30 pm Zion Meal Ministry | Social Hall

Sunday, October 26th

Pentecost 20

8:00 am — 9:00 am

Holy Eucharist: Rite I

Scheduled to Serve

Altar Guild	Laurie Ruddy, Linda Work
Lay Reader	Linda Work
Ushers	Sam and Lanette Byrer
Hospitality	Jim Ruddy, Wanda Perry

9:15 am — 10:15 am

Bible Study | Hauser Room

9:15 am — 10:00 am

Holy Eucharist: Rite II | St. Philip's

10:30 am — 12:00 pm

Choral Eucharist: Rite II

Scheduled to Serve

Altar Guild	Sue Floyd and Family
Verger	Lee Wilson
Crucifer	Mindy Maye
Torch Bearers	Isla Wildman, Rightly Wildman
Gospel Book	Winnie Wildman
Lay Reader	Julia Yuhasz
Prayers of the People	Julia Yuhasz
Lay Eucharistic Minister	Brenda Whittington
Ushers	Sue Floyd, Jamie Wilson

5:00 pm — 6:00 pm

Community Meal Ministry | Social Hall

Outreach News...

Red Wagon Donation Requests: Spaghetti Sauce, Spaghetti/

Pasta, Ramen Noodles, Crackers, Canned meat (chicken,

spam, ham, tuna), Canned vegetables (not green beans/corn),

Hearty soups, Canned Pasta (Ravioli, Spaghetti O's, etc.),

Canned Chili, Canned Fruit, Cereal, Instant Mashed Potatoes, Jelly, Peanut

Butter, Sugar, Laundry Detergent, Dish Soap, Shampoo, Toothpaste,

Conditioner, Deodorant, Copy Paper, Paper towels, Toilet Paper, and Feminine

Hygiene products.



Stewardship Committee News...

Even Our Bodies Tell our Stories
By Samantha Vincent-Alexander



**Tell Out
My Soul**

In 6th grade, I started writing poetry and continued doing so well into my 20s. When I was ordained at age 28 and preaching regularly, I stopped writing poetry. Sermons became my creative outlet. When I started going through fertility treatments, I started writing again. I was taught that we should preach from our scars and not our wounds, and I didn't want to burden people about my pain about infertility. We are overwhelmed with scripture that tells us that women who were barren but also faithful would one day conceive. I wanted to provide a counter narrative and dreamed of writing a book. While I never wrote a whole book about it, I coauthored a book with three other clergy women. We wrote about doubt, loss, grief, parenting, grace and infertility.

While that book was in the process of being published, I contracted MRSA and almost died. I was in the hospital for a month. My best friend was in remission from lung cancer and she and I talked about how hard it was to pray when we were so sick. We decided to write a book called: *Irreverent Prayers: Talking to God When You're Seriously Sick*. Before writing that book, I never wrote my own prayers. With so many beautiful prayers out there, what could I possibly add that would be worth hearing? Despite the fact that I had been a priest for 17 years at that point, I had no confidence in my ability to pray. The greatest gift that came from the book is the prayers that readers wrote in response. I realized that our gift was not merely a book of prayers that others could read, it was liberation to pray from places of pain and despair.



Questions for Reflection:

We are taught that our "gifts" are the things that we are good at. What if we gave from places of vulnerability and fear instead of strength and confidence?



Samantha Vincent-Alexander is the rector of Christ Episcopal Church in Philadelphia and the co-author of *Grace in the Rearview Mirror* and *Irreverent Prayers: Talking to God When You're Seriously Sick*.



THE EPISCOPAL
NETWORK FOR
STEWARDSHIP

JCCM News...

A Night For Neighbors | Charles Town Moose Lodge #948

Featuring Chad Laughlin Band

Friday, November 14th | 7 pm to 11 pm

Plan to attend JCCM's upcoming fundraiser, *A Night For Neighbors!* Enjoy live music, dancing, concessions, and raffles—all while helping neighbors in need. Tickets are \$15.00/per person. All proceeds benefit Jefferson County Community Ministries.

Zion will be providing a 'Coffee and Tea' basket for the raffle. If you would like to contribute to the basket, gift cards and/or appropriate items may be dropped off at our parish office by November 10th.

Community Outreach Opportunity...

Each year Martinsburg South Middle School organizes a full Thanksgiving Meal for students in need. This outreach to those in need cannot be done without the generosity of the entire staff of the school and the community. This year the school is hoping to provide 25 to 30 meals.

There are a number of ways you can contribute to this worthy project.

- Purchase items from the list below.
- Donate a gift card for local grocery stores.
- Purchase a whole meal—either by buying everything or donating the money for it to be purchased. The cost of each meal is approximately \$75.00.

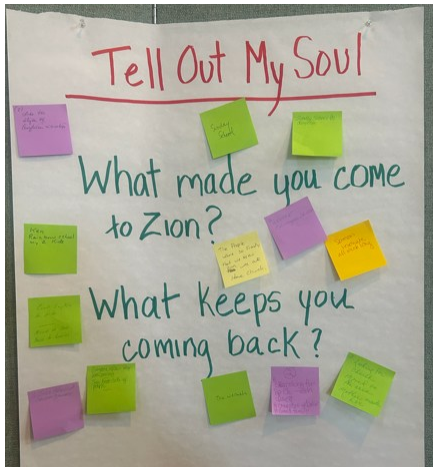
You may bring your donation to our parish office by Tuesday, November 11th during our normal operating hours: Monday through Thursday, 9 am to 2 pm.

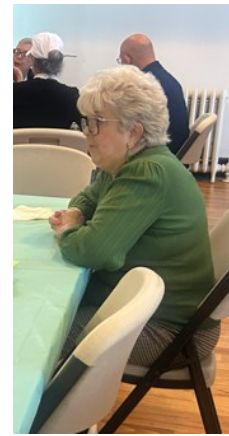
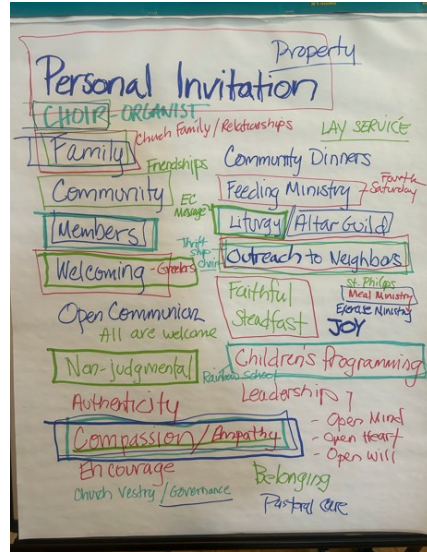
The following food items are currently needed:

Turkey (18 to 24 pounds)
3 Cans of Green Beans
3 Cans of Corn
3 Boxes of Stuffing
2 Large Jars of Turkey Gravy

1 Large Box of Instant Potatoes
1 Large Roasting pan for Turkey
1 Can of Evaporated Milk
1 Large Can of Yams

Stewardship Potluck Luncheon Photos...





Prayer Requests...

For Those Who Are Housebound...

Marian Auer, Jean Hale, Edna Phillips, Doris Starks, and Doris Whiting.

For Those on our Parish Prayer List...

Those in nursing homes, assisted living, and rehabilitation centers, Alex, Edna, Doris, Annette, Pat, Doug, Doris, Michael, Mary Bruce, Jim, Leo, Peggy, Donna, Lucas, Ava, Kevin, Owen, P.T., Tom, Sharon, Jim, Mary Jane, Bobbie, Don, Kassidy, Kelly, Ruth, Lousie, Becky, Laurie, Barbara, Wanda, Jennifer, Karmen, Karen, Tyler, Walter, Aidan, Nikki, Nancy, Bob, Alison, Michele, Ned, Richard, and Dennis.

For Those Who Have Died...

Christopher Aaron Custer, Thomas Steptoe, Susie and Raymond Myers.

For Those Celebrating Birthdays in October.

Holy God, thank you for the strength you provide, the grace you extend, and the mercy you grant us. May those celebrating birthdays this month always feel your presence, knowing that they are deeply loved and cherished by you. Grant them wisdom for the days ahead, strength for life's challenges, and a heart that continually seeks after you. May their faith grow stronger, and may they be a source of light and inspiration to those around them. May they continue to grow into the person You made them to be. Amen.

David Strider, 1 st	Cricket Morgan, 14 th
Aaron Smore, 2 nd	Gaby Smith, 20 th
Steven Longerbeam, 2 nd	Nancy McCormick, 20 th
Tabatha Chesley, 6 th	Patsy Noland, 24 th
Joyce Baker, 7 th	Marian Auer, 25 th
William Floyd, 7 th	Eileen Davis, 25 th
Jean Hale, 11 th	Polly Slover, 25 th
Royal Wilson, 12 th	Ethel Barrow, 30 th
Stephanie Custer, 14 th	Sharon Lewis, 30 th