



Zion Episcopal Church

We share Christ's love and grace with joy, respect, and compassion.

Telephone: (304) 725-5312 | Email: office@zionaepiscopal.net

Parish Office Hours

Monday through Thursday | 9:00 am — 2:00 pm

Rector's Office Hours

Monday through Thursday | 10:00 am — 3:00 pm, *or by appointment*

If you have news you would like to share with our congregation, please send word to our parish administrator, Eric Ott, at office@zionaepiscopal.net.

News items received each week by Wednesday morning will be published in our Weekly Tidings on Friday.

Upcoming Services and Events at Zion...

Saturday, February 28th

| | |
|--------------------------|--|
| 9:00 am — 3:00 pm | AARP Tax Service Hauser Room |
| 11:00 am — 12:00 pm | Zion Meal Ministry Social Hall |
| 1:00 pm — 3:00 pm | Soul Food Tasting & Fellowship St. Philip's |

Sunday, March 1st **The Second Sunday in Lent**

The flowers in the baptismal font are given to the glory of God by Bob and Betsy Stafford in loving memory of James Blackwell Davis, Sr. and James Blackwell Davis Jr.

Scheduled to Serve

| | |
|-------------|-------------------------|
| Altar Guild | Dawn and Chris Pitzer |
| Lay Reader | Linda Work |
| Ushers | Donald and Patsy Noland |
| Hospitality | Jim Ruddy, Linda Work |

9:15 am — 10:15 am **Bible Study | Hauser Room**

10:30 am — 11:30 am

Choral Eucharist : Rite II

Scheduled to Serve

Altar Guild
Verger
Crucifer
Torch Bearers
Gospel Book
Lay Reader
Prayers of the People
Lay Eucharistic Minister
Ushers
Hospitality

Jamie and Lee Wilson
Lee Wilson
Greg Harp
Colin Peyton, Lucy Peyton
Winnie Wildman
Erin Delaney
Jamie Wilson
Jamie Wilson
Stephanie Harp, Randy Hilton
Betina Peyton

5:00 pm — 6:00 pm

Community Meal Ministry | Social Hall

Monday, March 2nd

8:45 am — 9:45 am

Exercise Class | Gym

10:00 am — 11:00 am

No Morning Prayer

10:00 am — 11:00 am

Exercise Class | Gym

5:00 pm — 6:00 pm

Exercise Class | Gym

6:30 pm — 8:00 pm

Choir Rehearsal | Church

Tuesday, March 3rd

8:45 am — 9:45 am

Exercise Class | Gym

10:00 am — 11:00 am

Exercise Class | Gym

10:00 am — 11:00 am

Morning Prayer | Hayes Chapel

5:30 pm — 6:30 pm

Community Meal Ministry | Social Hall

7:00 pm — 8:00 pm

Beginning Biblical Hebrew | Online via Zoom

Wednesday, March 4th

9:00 am — 12:00 pm

Thrift Store

9:15 am — 10:45 am

Exercise Class | Gym

12:00 pm — 1:00 pm

Holy Eucharist | Hayes Chapel

5:00 pm — 6:00 pm

Exercise Class | Hauser Room

5:30 pm — 6:30 pm

Community Meal Ministry | Social Hall

7:00 pm — 8:00 pm

Lenten Fellowship & Reflection | On Zoom

Thursday, March 5th

8:45 am — 9:45 am

Exercise Class | Gym

10:00 am — 11:00 am

Exercise Class | Gym

10:00 am — 11:00 am

Morning Prayer | Hayes Chapel

5:00 pm — 6:00 pm

Exercise Class | Gym

Friday, March 6th

5:30 pm — 6:30 pm

Community Meal Ministry | Social Hall

Saturday, March 7th

9:00 am — 3:00 pm

AARP Tax Service | Hauser Room

10:00 am — 1:00 pm

Seeds Of Faith Lenten Play,
Trinity, Shepherdstown

Sunday, March 8th

The Third Sunday in Lent

8:00 am — 9:00 am

Holy Eucharist : Rite I

Scheduled to Serve

Altar Guild

Dawn and Chris Pitzer

Lay Reader

Phil Porterfield

Ushers

Jim and Laurie Ruddy

Hospitality

Jim Ruddy, Linda Work

9:15 am — 10:15 am

Bible Study | Hauser Room

10:30 am — 11:30 am

Choral Eucharist : Rite II

Scheduled to Serve

Altar Guild

Jamie and Lee Wilson

Verger

Lee Wilson

Crucifer

Erin Delaney

Torch Bearers

Isla Wildman, Rightly Wildman

Gospel Book

Winnie Wildman

Lay Reader

Ken Fanelli

Prayers of the People

Greg Harp

Lay Eucharistic Minister

Greg Harp

Ushers

Sue Floyd, Jamie Wilson

5:00 pm — 6:00 pm

Community Meal Ministry | Social Hall

Lenten Formation Opportunities...

Lenten Lunchtime Worship, Fellowship, and Reflection

Exploring the Baptismal Covenant's "Will You?" Questions Together

Wednesdays in Lent at 12:00 pm

Pack a light lunch and join us on Wednesdays during Lent for a brief service of Holy Eucharist in Hayes Chapel, followed by lunch in our Social Hall. Each week, our lunchtime discussion will focus on one of the five "Will You?" questions from our Baptismal Covenant. The five "Will You?" questions invite us to reflect on our commitment to faith, justice, and community — topics we will explore together each week. The hope is that during this time of reflection, we will discover new ways to think about the promises we make to God, to each other, and to ourselves in baptism.

Wednesdays in Lent at 7:00 pm | Online via Zoom

For those unavailable during the lunch-time hour, an opportunity to engage the "Will You?" questions will be offered Wednesday evenings during Lent, online via Zoom. A link to join the conversation will be provided each Wednesday morning via MailChimp.

Lenten Devotions Available...

Imagination in Motion: Lenten Devotions for Every Family

A Creative Journey through Lent

Each Sunday throughout Lent, you'll find fresh Lenten devotion guides in the Narthex to take home and use during the week. These devotions are thoughtfully crafted for families of all shapes and sizes—children, teens, and adults alike. With flexible content designed to accommodate your unique family needs, you can customize your experience without feeling pressured to complete every activity. Just set aside time each week to come together and then dive in and explore what resonates. Each guide features scripture, meaningful reflections, and invites your family to practice three spiritual disciplines: embodiment, advocacy, and joy. Every devotion wraps up with a short prayer and even includes a coloring page to spark creativity! Plus, you'll find links to online media kits for further enrichment. If you prefer your materials delivered digitally, reach out to our parish office and let us know!

From Rev. Johanna, Spiritual Practices for Lent...

In preparing for our Lenten conversations, I have been reading Amanda Perkins McGriff's *Will You? A Lenten Study of Baptismal Promises*. This week, my imagination was captured by the following two quotes from her book:



While prayer according to the Book of Common Prayer is a central part of our tradition, it was never intended to be the only way we pray.

and

In her book *Centering Prayer and Inner Awakening*, The Rev. Dr. Cynthia Bourgeault makes a case for contemplative prayers “as something that had originally been at the very center of Christian practice and had become lost.” She traces the practice of contemplative prayer back to Jesus himself., noting that his “intentional alternation between contemplation and action was fundamental to his way of being in the world.”

Lent came quickly this year. If you haven't quite adjusted to the shift in our Liturgical season, the good news is this coming Sunday is only the second Sunday in Lent! In other words, it's not too late to put in place some spiritual practices to help guide you through the coming days. Below are a couple of websites I find particularly helpful and interesting and I commend them to you for your edification.

- Contemplative Society: contemplative.org (Click on Practices)
- Cathedral of the Incarnation Garden City's Center for Spiritual Imagination, visit: spiritualimagination.org.

Wherever you are on your Lenten journey, know that there are resources to help you navigate through this time of reflection, repentance, and preparation for Easter in a meaningful way. Take some time, browse through one or both of these websites and then pick a particular spiritual practice that feels right for you. I note here that Teilhard de Chardin's *Mass on the World* offers a way to “consecrate the world's labor and suffering” when you do not have access to the elements for Eucharist. I recommend reading through the Mass while listening to 'Essence' by Peter Kater. Both the Mass and 'Essence' can be found by [CLICKING HERE](#).

Also worth your time is watching the 35 minute video featuring The Rev. Dr. Cynthia Bourgeault as she talks about the Welcome Practice. To read about the Welcoming Practice and to watch the video, [CLICK HERE](#).

Opportunity to Serve...

Making Room for Ministry!

Monday, March 9th at 9:00 am | First Floor Educational Building

We're cleaning up some space on the first floor of our Educational Building to make room for two new ministries: a revitalized quilting ministry and an new outreach ministry to support our immigrant neighbors. Mark your calendars for Monday, March 9th at 9:00 am and plan to come help sort through items which have collected in two of the rooms on the first floor of our Educational Building. All are welcome, come as you are able!

February is Black History Month...

Soul Food Tasting & Fellowship

Saturday, February 28, 2026

St. Philip's Episcopal Church

411 South Lawrence Street, Charles Town

1:00 pm — 3:00 pm

Seeds of Faith, Lenten Godly Play...

Saturday, March 7th at Trinity, Shepherdstown | 10:00 am to 1:00 pm

What to Expect: Age-appropriate activities for children 0-12, adult formation time, and a fellowship meal. Cost: Free. All are welcome, come as you are!

JCCM News...

The Unity Campaign: Join Us in Making a Difference!

The Unity Campaign is a fundraising initiative organized by the United Way of the Eastern Panhandle. During this event, all local nonprofits come together and collaborate to raise funds in a concentrated, two-week period from March 1st – 14th. The United Way's funder matches a percentage of the total funds raised. This means your donation can go even further. For example, if JCCM raises \$10,000 during the campaign, JCCM could receive up to \$12,000 thanks to matching funds!

Get Involved: Join Our Fundraising Team

If you are interested in participating as a member of a small fundraising team, please reach out to Sarah Higgins at sarah@jccm.us to sign up.

Zion contributed 62 pounds of food to JCCM last week! We have learned that JCCM is requesting more soup, body wash, shampoo, hair conditioner, soap, and deodorant. *Thank you for your generosity!*



Prayer Requests...

"Lord, I am not worthy to have you come under my roof; but only speak the word, and my servant will be healed."
—Matthew 8:8

For Those Who Are Housebound...

Marian Auer, Jean Hale, Earl and Bertha Kelican, Edna Phillips, Doris Starks.

For Those on our Parish Prayer List...

Those in nursing homes, assisted living, and rehabilitation centers, Alex, Edna, Doris, Annette, Pat, Doug, Michael, Mary Bruce, Jim, Leo, Peggy, Donna, Lucas, Ava, Owen, P.T., Tom, Sharon, Jim, Mary Jane, Bobbie, Don, Cassidy, Kelly, Ruth, Lousie, Becky, Barbara, Wanda, Jennifer, Karmen, Karen, Tyler, Bob, Alison, Ned, Richard, Dennis, Renee, Lori, Evan, Bertie, Brad, Robert, Rusty, Joshua, Diane, Michele, and Patrick.

For Those Who Have Died...

James Blackwell Davis, Sr., James Blackwell Davis Jr.

For Those Celebrating Birthdays in March:

| | | |
|---------------------------------------|----------------------------------|-----------------------------------|
| Donna Coulter, 3 rd | Sally Smith, 7 th | Maggie Slover, 22 nd |
| Travis Jenkins, 3 rd | Brandon Truitt, 7 th | Elizabeth Wells, 22 nd |
| Philip Steptoe, 3 rd | Joshua Burke, 15 th | Scott Sudduth, 25 th |
| Christopher Anderson, 4 th | Amy Salisbury, 21 th | Kathleen Willis, 25 th |
| Kyle Custer, 7 th | Nancy Spensley, 21 st | Wanda Perry, 30 th |

If you are celebrating a birthday this month and your name does not appear on the list above, please send an email to our parish administrator, Eric: office@zionepiscopal.net or call him (304) 725-5312, to add your birthday to our list!